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OFFICE MEST MAGINIA SECRETARY OF STATE

WEST VIRGINIA LEGISLATURE

FIRST REGULAR SESSION, 2009

ENROLLED

COMMITTEE SUBSTITUTE FOR House Bill No. 3288

(By Delegates Perry, Shaver, Ashley and Moore)

Passed April 10, 2009

In Effect Ninety Days from Passage

COMMITTEE SUBSTITUTE

FOR

H. B. 3288



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OFFICE WEST VIRGINIA SECRETARY OF STATE

(BY DELEGATES PERRY, SHAVER, ASHLEY AND MOORE)

[Passed April 10, 2009; in effect ninety days from passage.]

AN ACT to amend and reenact §5-16-7 of the Code of West Virginia, 1931, as amended, and to amend and reenact §33-16-3a of said code, all relating to group accident and sickness insurance requirements to cover treatment of mental illness; providing that actual increases in costs for certain coverage determine whether cost containment measures may be applied by Public Employees Insurance Agency and private carriers; and removing certain provisions regarding small groups.

Be it enacted by the Legislature of West Virginia:

That §5-16-7 of the Code of West Virginia, 1931, as amended, be amended and reenacted; and that §33-16-3a of said code be amended and reenacted, all to read as follows:

CHAPTER 5. GENERAL POWERS AND AUTHORITY OF THE GOVERNOR, SECRETARY OF STATE AND ATTORNEY GENERAL; BOARD OF PUBLIC WORKS; MISCELLANEOUS AGENCIES, COMMISSIONS, OFFICES, PROGRAMS, ETC.

ARTICLE 16. WEST VIRGINIA PUBLIC EMPLOYEES INSURANCE ACT.

§5-16-7. Authorization to establish group hospital and surgical insurance plan, group major medical insurance plan, group prescription drug plan and group life and accidental death insurance plan; rules for administration of plans; mandated benefits; what plans may provide; optional plans; separate rating for claims experience purposes.

(a) The agency shall establish a group hospital and 1 surgical insurance plan or plans, a group prescription drug 2 insurance plan or plans, a group major medical insurance 3 plan or plans and a group life and accidental death insurance 4 5 plan or plans for those employees herein made eligible and 6 establish and promulgate rules for the administration of these 7 plans, subject to the limitations contained in this article. Those plans shall include: 8

9 (1) Coverages and benefits for X-ray and laboratory 10 services in connection with mammograms when medically appropriate and consistent with current guidelines from the 11 12 United States Preventive Services Task Force; pap smears, 13 either conventional or liquid-based cytology, whichever is medically appropriate and consistent with the current 14 15 guidelines from either the United States Preventive Services 16 Task Force or The American College of Obstetricians and 17 Gynecologists; and a test for the human papilloma virus (HPV) when medically appropriate and consistent with 18

19 current guidelines from either the United States Preventive
20 Services Task Force or The American College of
21 Obstetricians and Gynecologists, when performed for cancer
22 screening or diagnostic services on a woman age eighteen or
23 over;

24 (2) Annual checkups for prostate cancer in men age fifty25 and over;

(3) Annual screening for kidney disease as determined to
be medically necessary by a physician using any combination
of blood pressure testing, urine albumin or urine protein
testing and serum creatinine testing as recommended by the
National Kidney Foundation;

31 (4) For plans that include maternity benefits, coverage for 32 inpatient care in a duly licensed health care facility for a 33 mother and her newly born infant for the length of time 34 which the attending physician considers medically necessary 35 for the mother or her newly born child: *Provided*, That a plan 36 may not deny payment for a mother or her newborn child 37 prior to forty-eight hours following a vaginal delivery, or prior to ninety-six hours following a caesarean section 38 39 delivery, if the attending physician considers discharge 40 medically inappropriate;

41 (5) For plans which provide coverages for post-delivery 42 care to a mother and her newly born child in the home, 43 coverage for inpatient care following childbirth as provided 44 in subdivision (4) of this subsection if inpatient care is 45 determined to be medically necessary by the attending 46 physician. Those plans may also include, among other things, 47 medicines, medical equipment, prosthetic appliances, and any 48 other inpatient and outpatient services and expenses considered appropriate and desirable by the agency; and 49

50 (6) Coverage for treatment of serious mental illness.

51 (A) The coverage does not include custodial care, 52 residential care or schooling. For purposes of this section, "serious mental illness" means an illness included in the 53 54 American psychiatric association's diagnostic and statistical 55 manual of mental disorders, as periodically revised, under the diagnostic categories or subclassifications of: 56 (i) Schizophrenia and other psychotic disorders; (ii) bipolar 57 58 disorders; (iii) depressive disorders; (iv) substance-related 59 disorders with the exception of caffeine-related disorders and nicotine-related disorders; (v) anxiety disorders; and (vi) 60 61 anorexia and bulimia. With regard to any covered individual who has not yet attained the age of nineteen years, "serious 62 mental illness" also includes attention deficit hyperactivity 63 disorder, separation anxiety disorder and conduct disorder. 64

65 (B) Notwithstanding any other provision in this section 66 to the contrary, in the event that the agency can demonstrate 67 that its total costs for the treatment of mental illness for any 68 plan exceed two percent of the total costs for such plan in any 69 experience period, then the agency may apply whatever 70 additional cost-containment measures may be necessary, 71 including, but not limited to, limitations on inpatient and 72 outpatient benefits, to maintain costs below two percent of the total costs for the plan for the next experience period. 73

74 (C) The agency shall not discriminate between medical-75 surgical benefits and mental health benefits in the administration of its plan. With regard to both medical-76 surgical and mental health benefits, it may make 77 78 determinations of medical necessity and appropriateness, and 79 it may use recognized health care quality and cost management tools, including, but not limited to, limitations 80 81 on inpatient and outpatient benefits, utilization review,

82 implementation of cost-containment measures, 83 preauthorization for certain treatments, setting coverage 84 levels, setting maximum number of visits within certain time 85 periods, using capitated benefit arrangements, using fee-forservice arrangements, using third-party administrators, using 86 87 provider networks and using patient cost sharing in the form 88 of copayments, deductibles and coinsurance.

89 (b) The agency shall make available to each eligible employee, at full cost to the employee, the opportunity to 90 91 purchase optional group life and accidental death insurance 92 as established under the rules of the agency. In addition, each 93 employee is entitled to have his or her spouse and 94 dependents, as defined by the rules of the agency, included in 95 the optional coverage, at full cost to the employee, for each 96 eligible dependent; and with full authorization to the agency 97 to make the optional coverage available and provide an 98 opportunity of purchase to each employee.

99 (c) The finance board may cause to be separately rated100 for claims experience purposes:

101 (1) All employees of the State of West Virginia;

102 (2) All teaching and professional employees of state
103 public institutions of higher education and county boards of
104 education;

(3) All nonteaching employees of the Higher Education
Policy Commission, West Virginia Council for Community
and Technical College Education and county boards of
education; or

109 (4) Any other categorization which would ensure the110 stability of the overall program.

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(d) The agency shall maintain the medical and 111 112 prescription drug coverage for Medicare-eligible retirees by providing coverage through one of the existing plans or by 113 114 enrolling the Medicare-eligible retired employees into a Medicare-specific plan, including, but not limited to, the 115 116 Medicare/Advantage Prescription Drug Plan. In the event that 117 a Medicare-specific plan would no longer be available or 118 advantageous for the agency and the retirees, the retirees 119 shall remain eligible for coverage through the agency.

CHAPTER 33. INSURANCE.

ARTICLE 16. GROUP ACCIDENT AND SICKNESS INSURANCE.

§33-16-3a. Same – Mental health.

1 (a) (1) Notwithstanding the requirements of subsection 2 (b) of this section, any health benefits plan described in this 3 article that is delivered, issued or renewed in this state shall 4 provide benefits to all individual subscribers and members 5 and to all group members for expenses arising from treatment 6 of serious mental illness. The expenses do not include 7 custodial care, residential care or schooling. For purposes of 8 this section, "serious mental illness" means an illness 9 included in the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, as 10 11 periodically revised, under the diagnostic categories or 12 subclassifications of: (A) Schizophrenia and other psychotic disorders; (B) bipolar disorders; (C) depressive disorders; (D) 13 14 substance-related disorders with the exception of 15 caffeine-related disorders and nicotine-related disorders; (E) 16 anxiety disorders; and (F) anorexia and bulimia.

17 (2) Notwithstanding any other provision in this section to18 the contrary, in the event that an insurer can demonstrate

19 actuarially to the Insurance Commissioner that its total 20 anticipated costs for treatment for mental illness, for any plan 21 will exceed or have exceeded two percent of the total costs 22 for such plan in any experience period, then the insurer may 23 apply whatever cost containment measures may be necessary, 24 including, but not limited to, limitations on inpatient and 25 outpatient benefits, to maintain costs below two percent of 26 the total costs for the plan: *Provided*. That for any plan year beginning after October 3, 2009, an insurer providing a 27 28 "group health plan," as defined in section one-a of this 29 article, with an average of more than fifty employees on 30 business days during the preceding calendar year, may not 31 apply cost containment measures as provided in this subdivision unless the insurer can demonstrate that the 32 33 application of this section results in an increase of two 34 percent of the actual total costs of coverage for the plan year 35 involved with respect to medical-surgical benefits and mental 36 health benefits under the plan: *Provided*, however, That such 37 cost containment measures implemented are applicable only for the plan year following approval of the request to 38 implement cost containment measures. 39

40 (3) The insurer shall not discriminate between medical-surgical benefits and mental health benefits in the 41 42 administration of its plan. With regard to both medical-surgical and mental health benefits, it may make 43 44 determinations of medical necessity and appropriateness, and 45 it may use recognized health care quality and cost 46 management tools, including, but not limited to, utilization 47 review, use of provider networks, implementation of cost 48 containment measures, preauthorization for certain 49 treatments, setting coverage levels including the number of 50 visits in a given time period, using capitated benefit 51 arrangements, using fee-for-service arrangements, using 52 third-party administrators, and using patient cost sharing in 53 the form of copayments, deductibles and coinsurance.

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54 (4) The amendments to this subsection shall apply with
55 respect to group health plans for plan years beginning on or
56 after October 3, 2009.

(b) With respect to mental health benefits furnished to an
enrollee of a health benefit plan offered in connection with a
group health plan, for a plan year beginning on or after
January 1, 1998, the following requirements shall apply to
aggregate lifetime limits and annual limits.

62 (1) Aggregate lifetime limits:

(A) If the health benefit plan does not include an
aggregate lifetime limit on substantially all medical and
surgical benefits, as defined under the terms of the plan but
not including mental health benefits, the plan may not impose
any aggregate lifetime limit on mental health benefits;

68 (B) If the health benefit plan limits the total amount that may be paid with respect to an individual or other coverage 69 70 unit for substantially all medical and surgical benefits (in this 71 paragraph, "applicable lifetime limit"), the plan shall either apply the applicable lifetime limit to medical and surgical 72 73 benefits to which it would otherwise apply and to mental 74 health benefits, as defined under the terms of the plan, and 75 not distinguish in the application of the limit between medical 76 and surgical benefits and mental health benefits, or not 77 include any aggregate lifetime limit on mental health benefits 78 that is less than the applicable lifetime limit;

(C) If a health benefit plan not previously described in
this subdivision includes no or different aggregate lifetime
limits on different categories of medical and surgical
benefits, the commissioner shall propose rules for legislative
approval in accordance with the provisions of article three,
chapter twenty-nine-a of this code under which paragraph (B)

of this subdivision shall apply, substituting an average
aggregate lifetime limit for the applicable lifetime limit.

87 (2) Annual limits:

(A) If a health benefit plan does not include an annual
limit on substantially all medical and surgical benefits, as
defined under the terms of the plan but not including mental
health benefits, the plan may not impose any annual limit on
mental health benefits, as defined under the terms of the plan;

93 (B) If the health benefit plan limits the total amount that 94 may be paid in a twelve-month period with respect to an 95 individual or other coverage unit for substantially all medical and surgical benefits (in this paragraph, "applicable annual 96 97 limit"), the plan shall either apply the applicable annual limit 98 to medical and surgical benefits to which it would otherwise 99 apply and to mental health benefits, as defined under the terms of the plan, and not distinguish in the application of the 100 101 limit between medical and surgical benefits and mental health 102 benefits, or not include any annual limit on mental health 103 benefits that is less than the applicable annual limit;

104 (C) If a health benefit plan not previously described in 105 this subdivision includes no or different annual limits on 106 different categories of medical and surgical benefits, the 107 commissioner shall propose rules for legislative approval in 108 accordance with the provisions of article three, chapter 109 twenty-nine-a of this code under which paragraph (B) of this 110 subdivision shall apply, substituting an average annual limit 111 for the applicable annual limit.

(3) If a group health plan or a health insurer offers a
participant or beneficiary two or more benefit package
options, this subsection shall apply separately with respect to
coverage under each option.

That Joint Committee on Enrolled Bills hereby certifies that the foregoing bill is correctly enrolled.

Chairman Senate Committee

Chairman House Committee

Originating in the House.

In effect ninety days from passage.

Clerk of the Senate

. J. S. Clerk of the House of Delegates amul President of the Senate

Speaker of the House of Delegates

The within 1s dusappired this the day of _ 2009. Governor

PRESENTED TO THE GOVERNOR

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